



Wyoming County Schools

... Destination graduation!

Superintendent's Bulletin

August 31, 2016

Superintendent's Message

Deirdre A. Cline
August 30, 2016



"Your enthusiasm will be infectious, stimulating and attractive to others. They will love you for it. They will go for you and with you." – Norman Vincent Peale



Thank you to everyone throughout our school system for the phenomenal beginning to the 2016-2017 school year. We are off to an outstanding start, due in large part to the enthusiasm from employees. The excitement which we convey to our students, our co-workers, and our communities, each day, helps us all become stronger in our service to children. Enthusiasm uplifts not only those around us, but also ourselves, at the same time. Our days are full of challenges, large and small, but if we remain hopeful and enthused, these challenges are lessened and more easily met. I appreciate each of you for the important part you play in our school system and in our service to children. Again, thank you for all you do!

Announcing!

2017 Teacher of the Year

Michelle K. Morgan
Pineville Middle School

and

2016 Service Personnel of the Year

Linda R. Allen
Berlin McKinney Elementary School

Congratulations to Mrs. Morgan and Mrs. Allen for their accomplishment! Their service and dedication to children are greatly appreciated. See page two for biographies of Mrs. Morgan and Mrs. Allen.

Wyoming County Board of Education

Michael R. Prichard
President
Allan R. Stiltner
Vice President

Morgan K. "Mike" Davis
Betty F. England
Dr. Douglas E. Lester

2017 Teacher of the Year
Michelle K. Morgan
Pineville Middle School



Mr. Allan Stiltner, Vice President; Mrs. Deirdre Cline, Superintendent; Mr. Michael Prichard, President; Mrs. Michelle Morgan; Mr. Jeff Halsey, Pineville Furniture; Mrs. Betty England, Member; Mr. Mike Davis, Member.

2016 Service Personnel of the Year
Linda R. Allen
Berlin McKinney Elementary School



Mr. Michael Prichard, President; Mrs. Deirdre Cline, Superintendent; Mr. Allan Stiltner, Vice President; Mrs. Linda Allen; Mrs. Betty England, Member, and Mr. Mike Davis, Member.

It is with great pleasure and excitement that we announce Michelle Kay Morgan is the 2017 Wyoming County Teacher of the Year. Mrs. Morgan exemplifies the qualities of an outstanding teacher. She is highly effective, energetic, compassionate, dedicated and inspiring to her students.

Michelle is married to Richard "Rich" Morgan, the electronic/robotics instructor at the Career and Technical Center. Their daughter, McKenzie, is currently in her third year at Marshall University studying to be a dietitian.

Michelle received her undergraduate degree in Elementary Education from Concord College (University) in 1986, and her Masters degree in 2003.

From 1986 to 1990, Michelle worked as a long-term substitute in Wyoming County, from 1990-91 as a Title I Teacher in Lincoln County, 1991-2001 she worked at Trap Hill Middle School in Raleigh County. In March 2002, Michelle was hired as a teacher in Wyoming County. Since March 2005, she has been assigned to Pineville Middle School.

Mrs. Morgan has worked hard to build effective relationships with her students, parents, and colleagues at Pineville Middle School. She has taken on leadership roles in her school through offices in the Faculty Senate. Mrs. Morgan continues to examine and improve her methods of instruction and delivery in hopes of enabling her students to reach higher levels of mastery of the content she teaches.

Mrs. Morgan is an individual that strives to be a role model for not only her students, but also for her colleagues. She is an excellent candidate for the 2017 West Virginia Teacher of the Year. She is worthy of every consideration of this high honor.

Mrs. Morgan was presented with a clock and certificate of appreciation from the Board of Education. She was presented a check for \$1,000 from Mr. Jeff Halsey, owner of Pineville Furniture Company.

It is our honor and privilege to announce that Linda R. Allen has been chosen as Wyoming County's 2016 Service Personnel of the Year.

Linda R. Allen began working for Wyoming County Schools as a substitute secretary and substitute custodian. In September 2004, she was hired in the position of secretary for Baileysville Elementary and Middle School. In May 2007, she was transferred to the secretary position at Berlin McKinney Elementary School.

Linda is married to Rev. Jerry Cook and they attend the Oceana First Baptist Church.

Robert Lyons, Principal of Berlin McKinney describes Linda as "a wonderful person to work with and she can multitask better than anyone. Berlin McKinney is very fortunate to have Linda working at the school. She does not receive the credit she deserves for helping to make our school's positive climate as strong as it is."

Linda demonstrates excellent secretarial skills and is pleasant and friendly with students, staff, and the public. She is a tremendous asset to Berlin McKinney School as well as to Wyoming County Schools.

Mrs. Allen received a clock and a certificate of appreciation from the Board of Education. She was presented a check for \$1,000 courtesy of Mr. Ken McBride of Professional Business Products.

"LIFE'S MOST PERSISTENT AND URGENT QUESTION IS, "WHAT ARE YOU DOING FOR OTHERS?"

--MARTIN LUTHER KING, JR.

Attend School Every Day Campaign Grades K-8

TEACHERS:

We need your support. School success begins with attendance. School attendance begins at home. We are implementing an attendance incentive program for grades K-8. The goal is to involve both parents and students in the responsibility of daily school attendance. Each month students have the opportunity to receive an attendance tag and chain. By this time, your principal has made you aware of the specifics of the incentive program, and hopefully, all students have returned their Pledge. Therefore, we need your support to constantly remind students about the tags they can earn for perfect attendance monthly.

Included in this edition is a copy of the Pledge Letter that went home with the students.

ON THE MOVE!

Operation UNITE's "On The Move!" drug education and prevention initiative is provided **FREE** to 7th and 10th grade students. As part of Wyoming County Schools' Anti-Drug Program, "On The Move!" is coming to visit schools September 13-16. Included in this edition is a flyer outlining each of the five components of the program. Also, a schedule of the day and time for each school visit is included.

STUDENT LEARNING ENRICHMENT ACTIVITIES

Numerous Student Learning Enrichment Activities are planned for the 2016-17 school term. These activities are designed to challenge our students while providing them with a venue to showcase their imaginations and creativity. A list of 2016-17 Student Learning Enrichment Activities is attached.

Constitution Day is Saturday, September 17. Schools will observe the day on Friday, September 16, with various activities.

School-level Reading Fairs should be completed by September 16. Consult your Principal for more details.

Wyoming County Schools "Kick Off/Back to School Celebrations"

Thank you to all the schools for their tremendous school kick off events. We have received only positive feedback about each of the events. A list of those events/celebrations is attached.

*"Kindness is in our power, even
when fondness is not." – Samuel Johnson*

Menus

School Menus will be published in the end of the month issue of the *Superintendent's Bulletin*. Included in this edition are the September Breakfast, Lunch Pre-K-8, and Lunch 9-12 menus.

New Telephone System

Wyoming County Schools new phone system became operational last week. The conversion from an analog system to digital will enhance communication on all levels. The new digital system will also produce tremendous cost savings in the years to come.



Posting of Coaching Positions

The Office of Educator Effectiveness and Licensure (OEEL) has received several inquiries regarding the issuance of Coaching Authorizations and the posting of such positions. As a result of recent revisions to W.Va. Code §18A-3-2a, counties are no longer required to post coaching positions, including "citizen" coaches, annually. WVBE Policy 5202, establishes that the applicant "be employed under a contract with a board of education to serve as a coach."

2017 Project on Racism Essay Contest

YWCA Wheeling is proud to announce the [2017 Project on Racism Essay Contest](#), also known as the Martin Luther King, Jr. Essay Contest. The Project on Racism Essay Contest honors the life and legacy of Dr. Martin Luther King, Jr., while encouraging students' creativity through essay writing. The YWCA Wheeling is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

The 2017 Project on Racism Essay Contest will be based on the following quote from Dr. King's "Letter from a Birmingham Jail" written on April 16, 1963: *"Never again can we afford to live with the narrow, provincial 'outside agitator' idea. Anyone who lives inside the United States can never be considered an outsider . . ."*

Students are invited to submit their entries on or before Friday, October 21, 2016. We hope you will consider incorporating the essay contest into your fall curriculum. Everyone who participates is a winner!

Athletic Trainer Certification Requirements

We would like to remind you that as stated in WVBE Policy 5112, Athletic Trainers in the Public Schools of West Virginia and WVBE Policy 5202, Minimum Requirements for the Licensure of Professional/Paraprofessional Personnel and Advanced Salary Classifications, each county board of education **shall employ** a registered athletic trainer(s) or an individual(s) with limited football trainer authorization to serve during **senior high school football practices and games**.

High schools that do not have an athletic trainer or an individual with limited athletic trainer authorization **may not** participate in football practices and games. An athletic trainer or an individual with limited football trainer authorization **must be** in attendance at all senior high school football practices and games.

This will include any individual under contracted services and not directly employed by the county board of education. County superintendents are **encouraged** to employ an athletic trainer for middle school football practices and games and **encouraged** to assign an athletic trainer to work with other school athletic programs.

Athletic Trainers employed to serve in any public school capacity **must adhere** to the licensure requirements set forth in both WVBE policies 5112 and 5202.



In this edition of the *Superintendent's Bulletin* are:

- ❖ Attend School Every Day Campaign
- ❖ "On The Move" Flyer and Schedule
- ❖ "Kick Off/Back to School Celebrations"
- ❖ Smart Phone App flyer
- ❖ Student Learning Enrichment Activities
- ❖ September Breakfast Menu
- ❖ September pre-K–8 Lunch Menu
- ❖ September 9-12 Lunch Menu

Wyoming County Attend School Every Day Campaign

Dear Parent/Guardian:

Wyoming County Schools is implementing a county-wide K-8 Attendance Incentive Program to ENCOURAGE daily attendance. This program will begin in September. The goal of the Incentive Program is to involve both parents and students in the responsibility of daily school attendance.

Students who have no half day absences, no full day absences and no more than 2 sign-ins and/or sign-outs per month will receive a perfect attendance tag and chain for that specific month. (September's is below as a sample).

Students who are absent at any time during one month will start fresh the next month and, hopefully, receive a tag for that specific month. In other words, each month is a new opportunity for a new tag.

We need the cooperation and participation of all parents/guardians to ensure that all children attend school daily. SCHOOL SUCCESS BEGINS WITH ATTENDANCE. We are, therefore, asking that parents/guardians pledge to have their children attend school every day, all day, and on time, by signing the Pledge below and returning to school. Students should sign the Pledge, too, as a sign of his/her commitment to attend school, every day.

We are excited to "KICK OFF" our "Attend School Every Day Campaign". Every child who returns this signed Pledge will receive a "Superpower" tag on September 1, 2016 in recognition of their Pledge to attend school every day. Hopefully, this first tag will be only the beginning of the student's tag collection and reinforcement of excellent attendance for the entire year.

Thank you for your support.

Sharon Norman, Attendance Director



Parent/Guardian PLEDGE:

*As a parent or guardian,
I am my child's
Greatest Role Model.
School attendance is the key
to my child's future success.
Attending school Every Day
increases my child's chances
of doing well in school and
achieving success in life.
Therefore, I Pledge
to have my child attend school
Every Day.*



Student PLEDGE:

*I believe that going to school
Every Day
is important to my future.
Attending school
Every Day
allows me to gain the skills
I need to be successful in life.
I will respect my education by
having great school attendance.
Therefore, I Pledge
to attend school
Every Day.*

Parent Signature

Date

Student Signature

Date

DRUG PREVENTION **ON THE MOVE!**

Operation UNITE's "On The Move!" drug education and prevention initiative is provided **FREE** to 7th and 10th grade students. The five-component program meets standards of the **Kentucky Core Content** areas of Practical Living and Health.



"This particular program may be one of the best I have ever seen as far as getting students involved, thinking, and providing important educational information in a format and manner that the students responded to positively."

Russell Halsey
Principal, Johnson Co. Middle School

"The immediate feedback following the interactive activity and simulation was extremely beneficial in 'bringing home the point' about the dangers of substance abuse and driving under the influence."

Jennifer Mattingly
Principal, Rockcastle Co. High School

"(UNITE)'S mobile classroom is a unique way to reach our children real life instances of drug mistreatment, and we hope that it will go toward preventing future abuse and injuries."

Jane Beshear
Kentucky First Lady

Interactive Mobile Classroom

This one-of-a-kind classroom educates students about drugs and their effects. A written survey is given prior to the program arriving on campus. Students are then surveyed

throughout the PowerPoint via a Qwizdom® system that provides immediate response data on their perceptions. This data is provided to host schools to determine specific needs of their student population.



Simulated Impaired Driving Experience (SIDNE)



Utilizes a battery-powered go-kart, operated by a UNITE staff member, to simulate the effects of distraction and impairment from alcohol and other drugs on a motorist's driving skill. Students receive a debriefing on their experience.

Fatal Vision Tri-cycle Course

Students wear impaired-driving goggles while attempting to navigate a tri-cycle through a defined course.

Fatal Reactions (Distract-a-Match®)

A shape and color matching game to demonstrate the impact of distractions on reaction time and judgment.

Fatal Reflections

A computer program uses webcam images of students to simulate consequences in a variety of DUI scenarios.

Provided in partnership with the U.S. Health Resources and Services Administration (HRSA) and Appalachia HIDTA

To schedule Operation UNITE's "On The Move!" drug education program contact Mark Davis at mdavis@centertech.com or 606-330-1413

On the Move

September 13th	7:30 – 9:00	WEHS
	9:00 – 10:30	½ PMS – HCS
	11:30-1:00	½ PMS – Glen Fork
	1:00 – 2:30	WEHS
September 14th	7:30 – 9:00	WEHS
	9:00 – 10:30	MMS
	11:30-1:00	
	1:00 – 2:30	
September 15th	7:30 – 9:00	WHS
	9:00 – 10:30	OMS
	11:30-1:00	Huff & Road Branch
	1:00 – 2:30	WHS
September 16th	7:30 – 9:00	WHS
	9:00 – 10:30	BGS
	11:30-1:00	
	1:00 – 2:30	

Wyoming County Schools

Schools "Kick Off/Back To School Celebrations"

Baileysville Elem. and Middle School	Friday, Aug. 12, 2016	1:00-3:00	"Red Carpet Roll Out"
Berlin McKinney Elementary School	Friday, Aug. 12, 2016	2:00-4:00	"Teacher Meet and Greet"
Glen Fork Elementary and Middle School	Thursday, Aug. 11, 2016	7:30-	"Outdoor Movie Night"
Herndon Consolidated	Thursday, Aug. 18, 2016	4:00-6:00	"Under the Big Top"
Huff Consolidated	Thursday, Aug. 11, 2016	5:00-7:00	"Olympic Kickoff"
Mullens Elementary	Thursday, Aug. 11, 2016	1:00-2:00	"Lemonade on the Lawn"
Mullens Middle School	Tuesday, Aug. 16, 2016	12:00-2:00	"Kick Off Pool Party"
Oceana Middle School	Friday, Aug. 12, 2016	1:00-2:00 5th Grade 2:00-3:00 6th-8th Grade	"Open House"
Pineville Elementary	Friday, Aug. 12, 2016	2:00-4:00	"PES Kickoff"
Pineville Middle School	Friday, Aug. 19, 2016	Noon	"Uber School Kickoff"
Road Branch Elem. and Middle School	Friday, Aug. 12, 2016	12:00-2:00	"Hollywood Celebration"
Westside High School	Monday, Aug. 15, 2016	6:30 p.m.	"Back to School Party"
Wyoming East High School	Friday, Aug. 12, 2016	Noon	"BBQ and Orientation" for Freshmen and New Students

**NOW - Get the Wyoming County Schools
Smart Phone App at the Apple Store.**

Android Access coming in October, 2016.

Get PARENTS

Connected

**In the school
settings,
Choose your
school(s) and
get instant alerts
of upcoming events.**

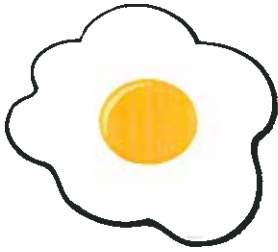


- * school news
- * lunch menus
- * school sports information
- * calendar of events
- * and more

**AND- Check-out the Wyoming County
Board of Education Facebook Page.**

Student Learning Enrichment Activities

Constitution Day	September 17, 2015 – Saturday Observed Friday, Sept. 16, 2016	Activities at each school K-12
Reading Fair	September 22, 2016 – County Fair, Site- to be announced School Coordinator Training– TBA	Divisions: K, 1 st , 2 nd , 3-4 th , 5-6 th , 7-8 th , 9-10 th , 11-12 th School Fairs completed by Sept. 16, 2016
WV Legislative Page Program	House of Delegates and Senate Send in applications to state ASAP	January – March, 2017
Peace Poster Contest	October 2016	Ages 11, 12, 13 Lions Club International, Betsy Ross.
Science & Engineering Fair	October 27, 2016 – County Fair, Regional – Elem/Middle – May, 2017 State – High School – April, 2017	1 st – 8 th grade; 9-12 th grade. School Coordinator Training– TBA School Fairs completed by Oct. 21, 2016
Attendance Works Poster Contest	November, 2016- County December, 2016- State	Pre K -5 th , 6 th – 8 th , and 9-12 th Sharon Norman
Math Field Day	December 2, 2016- County April, 2017 – Regional April, 2017- State	4 th – 12 th grade County- Southern WVCTC- Saulsville Regional – Concord; State - Fairmont
Spelling Bee	January 12, 2017 – County March, 2017 – Regional	4 th – 8 th grade Submit school winners by January 9, 2017 County held at PMS Auditorium.
Young Writers	February 3, 2017 School Winners due to County YW Day- May, 2017/ county winners.	Divisions: 1-2 nd ; 3-4 th ; 5-6 th ; 7-8 th ; 9-10 th ; 11-12 th Young Writers Day at University of Charleston
Governor's Honor Academy	February, 2016 Application Due to county.	11 th Grade June /July 2017- Fairmont State
Youth Art Month, 2 D and 3D	February 4, 2017- due to county February, 2017 –State competition April, 2016 – Arts Alive	K-12 th grade Parkersburg Art Center- A Day in the Studio WVDE Arts Alive, Clay Center -Charleston
Social Studies Fair	February 9, 2017 - County March, 2017– Regional, RESA I March, 2017 – State County site - TBA	Divisions: I - (Grade 3 – 5) II - (Grade 6 – 8) III – (Grade 9-12) School Fair completed by Feb. 3, 2017
Golden Horseshoe	February 2017 - ESSAY February 2017 - on line exam	8 th grade
WV History Bowl	Regional: Saturday, late February, 2017 May, 2017 – State	8 th grade Site -Wyoming County Each school- 2 teams of 4
Youth and Government	March 13-15, 2017, in Charleston	8 th Grade Application due to county- Nov. 2, 2016
Governor's Math and Science	March, 2017 Application Due to County	7 th gr. – WVU, July 2017 8 th gr.–WV State – July 2017
Poster Contest-	School Winners due to county, April, 2017	K-1; 2-3; 4-6; 7-9; 10-12 th Southern Conservation District
WV Ambassadors Camp	Application Due to County May, 2017	8 th grade June 2017 Charleston, WV
Public Speaking Contest	May 16, 2017 – County At CTC- Conf. Room #1, Pineville	Grade 4-5 Grades 9-10 Grade 6-8 Grades 11-12



**WYOMING COUNTY SCHOOLS
BREAKFAST MENU
SEPTEMBER 2016**



Monday	Tuesday	Wednesday	Thursday	Friday
	This institution is an equal opportunity provider		¹ Chicken Biscuit Dry Cereal, Variety Applesauce Juice Milk ----- ***** Grab-N-Go BLUEBERRY MUFFIN	² Cheese Toast Cereal ORANGE Juice Milk ----- ***** Grab-N-Go Banana Bread
⁵ No School Labor Day 	⁶ Breakfast Pizza Cereal BANANA Juice Milk ----- ***** Grab-N-Go BROWNIE MUFFIN	⁷ Waffles SYRUP, PANCAKE Cereal Apple, Fresh Juice Milk ----- ***** Grab-N-Go Yogurt	⁸ Bagel w/Cream Cheese & Jelly Cereal Fruit Juice Milk ----- ***** Grab-N-Go ZUCCHINI BREAKFAST BREAD	⁹ Homemade Cinna- mon Roll Cereal Red Grapes Juice Milk ----- ***** Grab-N-Go Apple Breakfast Bar
¹² Pancakes SYRUP, PANCAKE Cereal BANANA Juice Milk ----- ***** Grab-N-Go FRENCH TOAST STICKS	¹³ Sausage Biscuit Cereal Applesauce Juice Milk ----- ***** Grab-N-Go Apple Frudel	¹⁴ Pancake/Sausage Stick Cereal Juice Strawberries Milk ----- ***** Grab-N-Go Yogurt	¹⁵ HAM BISCUIT Cereal MIXED FRUIT Juice Milk ----- ***** Grab-N-Go Maple Mini Pancakes	¹⁶ Whole Wheat Toast Egg Patty Cereal Peaches Juice Milk ----- ***** Grab-N-Go Choc Chip Breakfast Bar
¹⁹ English Muffin, Egg & Cheese Cereal PEARS Juice Milk ----- ***** Grab-N-Go Blueberry Breakfast Crackers	²⁰ STRAWBERRY PAR- FAIT Cereal Apple, Fresh Juice Milk ----- ***** Grab-N-Go GOGURT *Cheese Stick	²¹ French Toast SYRUP, PANCAKE Cereal ORANGE Juice Milk ----- ***** Grab-N-Go Blueberry Loaf	²² Biscuit'n Gravy Sausage Patty Cereal Applesauce Juice Milk ----- ***** Grab-N-Go Frudel, Cherry	²³ Uncrustable GOGURT Cereal Peaches Juice Milk ----- ***** Grab-N-Go BREAKFAST BURRITO
²⁶ Whole Wheat Toast Egg & Cheese Ome- let Cereal ORANGE Juice Milk ----- ***** Grab-N-Go Banana Bread	²⁷ HAM BISCUIT Cereal Pineapple Juice Milk ----- ***** Grab-N-Go Strawberry Mini Pan- cakes	²⁸ Cinnamon Toast *Cheese Stick Cereal mandarin orange Juice Milk ----- ***** Grab-N-Go Apple Breakfast Bar	²⁹ Egg, Boiled Whole Wheat Toast JELLY, ASSORTED FRUIT FLAVORED Cereal Peaches Juice Milk ----- ***** Grab-N-Go Uncrustable *Cheese Stick	³⁰ Sausage Biscuit Cereal Fruit Cocktail Juice Milk ----- ***** Grab-N-Go SMORS CEREAL PACK *Cheese Stick




Wyoming County Schools

September 2016

Pre-K—8 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
	"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"		1 Grilled Chicken on Bun Lettuce & Tomato Mayonnaise, Individual Mustard Sweet Potato, Baked Tossed Salad DRESSINGS Strawberries Milk	2 Pig In Blanket Mustard MACARONI AND CHEESE BROCCOLI , Fresh RANCH DRESSING Baby Carrots Peaches Milk
5 Labor Day No School 	6 Cheeseburger on WW Bun Lettuce & Tomato Mayonnaise, Individual Mustard Ketchup French Fries Peas Baby Carrots RANCH DRESSING Pineapple Milk	7 Lasagna Whole Wheat Roll BUTTER SALAD, TOSSED w/ Dressing Cherry Tomatoes Green Beans Fruit Cocktail Milk	8 Ham & Cheese Sand- wich Lettuce & Tomato Mayonnaise, Individual BAKED BEANS Potato Twisters Apple, Fresh Milk	9 Meatloaf Mashed Potatoes Whole Wheat Bread Sticks Broccoli & Cheese butter Pears Milk
12 Chicken Patty BUNS, WHOLE WHEAT Lettuce & Tomato Mayonnaise Mustard & Ketchup French Fries BROCCOLI AND CHEESE Watermelon Milk	13 Pepperoni Roll CAESAR SALAD Cherry Tomatoes Green Beans Peaches Milk	14 Rotini w/Meat Sauce Whole Wheat Roll butter SALAD, TOSSED w/ Dressing CARROT STICKS RANCH DRESSING Red Grapes Milk	15 Barbecue Pork on Bun Cole Slaw BAKED BEANS Corn on the Cob butter ORANGE Milk	16 Biscuit' n Gravy Scrambled Eggs Sausage Patty Hash Brown Potatoes Cherry Tomatoes Apples w/Cinnamon Milk
19 Grilled Cheese Crackers Tomato Soup Tossed Salad Dressing, Low Calorie Plum Sherbet Milk	20 Chicken & Noodles Whole Wheat Roll butter BROCCOLI AND CHEESE Green Beans Pears Milk	21 Baked Ham Sweet Potatoes Whole Wheat Roll butter Peas Apples w/Cinnamon Milk	22 Corn Dog Mustard Ketchup French Fries CARROT STICKS Celery Sticks RANCH DRESSING BANANA Milk	23 Western Chili Beans Cornbread Cole Slaw Corn Applesauce Milk
26 Pepperoni Pizza CAESAR SALAD Celery Sticks RANCH DRESSING Corn STRAWBERRY CUPS Milk	27 Beef Vegetable Soup Grilled Cheese Tossed Salad DRESSINGS Cherry Tomatoes Baby Carrots RANCH DRESSING Peaches Milk	28 Salisbury Steak Mashed Potatoes & Gravy Green Beans Whole Wheat Roll butter Applesauce Milk	29 Chicken Nuggets BARBECUE SAUCE Sweet Potato Fries Ketchup BAKED BEANS CARROT STICKS RANCH DRESSING Whole Wheat Bread Sticks Apple, Fresh Milk	30 Spaghetti Tossed Salad Dressing, Low Calorie Cherry Tomatoes CUCUMBER SLICES Whole Wheat Roll butter Fruit Juice Bar Milk



Wyoming County Schools

September 2016

Grades 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
	"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"		1 Grilled Chicken on Bun Lettuce & Tomato Mayonnaise, Individual Mustard Sweet Potato, Baked Tossed Salad DRESSINGS Strawberries Orange Milk	2 Pig In Blanket Mustard MACARONI AND CHEESE BROCCOLI, Fresh RANCH DRESSING Baby Carrots watermelon Peaches Milk
5 Labor Day No School 	6 Cheeseburger on WW Bun Lettuce & Tomato Mayonnaise, Individual Mustard Ketchup French Fries Peas Baby Carrots RANCH DRESSING Fresh Peaches Pineapple Milk	7 Lasagna Whole Wheat Roll BUTTER SALAD, TOSSED w/ Dressing Cherry Tomatoes Green Beans Fruit Cocktail Strawberries Milk	8 Ham & Cheese Sand- wich Lettuce & Tomato Mayonnaise, Individual BAKED BEANS Potato Twisters Nectarines Apple, Fresh Milk	9 Meatloaf Mashed Potatoes Whole Wheat Bread Sticks Broccoli & Cheese butter Apples w/ Cinnamon Pears Milk
12 Chicken Patty BUNS, WHOLE WHEAT Lettuce & Tomato Mayonnaise Mustard & Ketchup French Fries BROCCOLI AND CHEESE Red grapes Watermelon Milk	13 Pepperoni Roll CAESAR SALAD Cherry Tomatoes Green Beans Cantaloupe, fresh Peaches Milk	14 Rotini w/Meat Sauce Whole Wheat Roll butter SALAD, TOSSED w/ Dressing CARROT STICKS RANCH DRESSING Pineapple Red Grapes Milk	15 Barbecue Pork on Bun Cole Slaw BAKED BEANS Corn on the Cob butter Fresh Fruit ORANGE Milk	16 Biscuit's n Gravy Scrambled Eggs Sausage Patty Hash Brown Potatoes Cherry Tomatoes Fresh Grapefruit Apples w/Cinnamon Milk
19 Grilled Cheese Crackers Tomato Soup Tossed Salad Dressing, Low Calorie Plum Applesauce Sherbet Milk	20 Chicken & Noodles Whole Wheat Roll butter BROCCOLI AND CHEESE Green Beans Orange Pears Milk	21 Baked Ham Sweet Potatoes Whole Wheat Roll butter Peas Banana Apples w/Cinnamon Milk	22 Corn Dog Mustard Ketchup French Fries CARROT STICKS Celery Sticks RANCH DRESSING Apple w/ Cinnamon BANANA Milk	23 Western Chili Beans Combread Cole Slaw Corn Pineapple Applesauce Milk
26 Pepperoni Pizza CAESAR SALAD Celery Sticks RANCH DRESSING Corn Apple, Fresh STRAWBERRY CUPS Milk	27 Beef Vegetable Soup Grilled Cheese Tossed Salad DRESSINGS Cherry Tomatoes Baby Carrots RANCH DRESSING Apple Slices Peaches Milk	28 Salisbury Steak Mashed Potatoes & Gravy Green Beans Whole Wheat Roll butter Applesauce Pears Milk	29 Chicken Nuggets BARBECUE SAUCE Sweet Potato Fries Ketchup BAKED BEANS CARROT STICKS RANCH DRESSING Whole Wheat Bread Sticks Apricots Apple, Fresh Milk	30 Spaghetti Tossed Salad Dressing, Low Calorie Cherry Tomatoes CUCUMBER SLICES Whole Wheat Roll butter Banana Fruit Juice Bar Milk